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Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board

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Caerdydd, CF14 4XW

Eich cyf/Your ref:
Ein cyf/Our ref: AC-bt-07-3894
Welsh Health Telephone Network:
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Adam Cairns
Chief Executive

31st July 2014

Mr William Powell AC/AM
Cadeirydd/Chair
Petitions Committee
Cardiff Bay
Cardiff
CF99 1NA

Response to be sent to Stephen.George@wales.gov.uk

Dear William,

Re: Provision of IBD Services in Wales

Thank you for the opportunity to comment on the petition relating to more educational programmes in school for young people who self-harm. This is indeed a growing problem amongst our young people and we are working with other agencies in Cardiff and the Vale of Glamorgan to try and understand and address the issue.

The Health Board has established a partnership group which aims to improve outcomes for Emotional and Mental Wellbeing in Children and Young People and I understand that within the schools in our catchment area there is a significant amount of multiagency work being undertaken. This includes projects such as; a National Behaviour & Attendance Review (NBAR) project which supports early identification and monitoring of emotional and social wellbeing; other school based interventions including Emotional Learning Support Assistants; the Healthy Schools scheme which actively encourages schools to adopt a whole school approach to mental and emotional wellbeing.

Our partners in education locally have identified that the biggest issue of concern for schools is the growing incidence in self-harm, and they have established a working group which includes members of the Public Health team and Primary Mental Health Services, to develop training for teachers and parents and agree how this can be implemented. One option being discussed is online training through school websites.

We also have services such as Primary Mental Health where schools can refer young people for support and programmes, such as Families First which supports families

I hope this is helpful, in answering some of your queries.